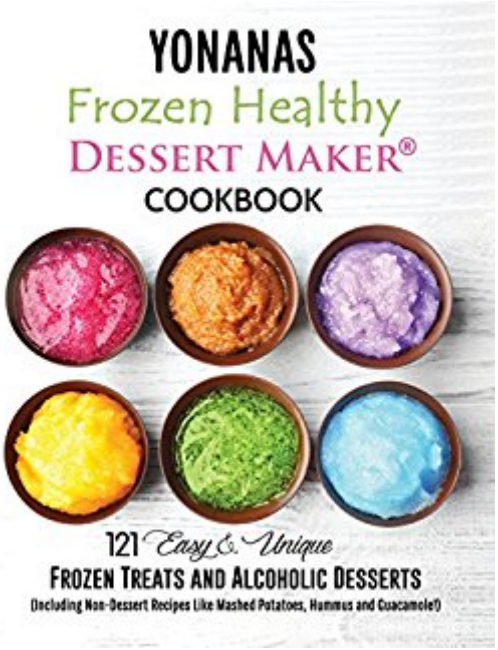
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Synopsis

Make Highly ADDICTIVE Mouthwatering Frozen Desserts:Always keep frozen fresh fruits ready to goExperiment with contrasting and complementary flavor combinationsFollow a proven recipe guideThe Yonanas Frozen Healthy Dessert Maker is bringing back frozen desserts Ã¢â ¬â • but with an amazing twist. Enjoy all the ice creams, gelatos and desserts you want now by substituting fresh fruit for the dairy. You choose your ingredients. You control what goes into the machine. There are so many options, both healthy and not so healthy (for the special occasions). The ingredients and combinations are endless.This book is different. We went a little crazy in our kitchen lab and tried putting everything we could think of through our Yonanas machine. The results were spectacular, the rest was omitted from this frozen dessert recipe book. These recipes are mind-blowingly good. DonÃ¢â ¬â„¢t just make the same old boring banana and chocolate syrup ice creams. Add contrasting ingredients to create wonderful new flavors, like Ã¢â ¬â • Zesty Spicy Mango Sorbet or Sweet And Sour Watermelon Sorbet.THIS BOOK CONTAINS:Over 100 delectable recipes to crave your sweet toothTips & techniques to make all kinds of healthy frozen desserts Ã¢â ¬â • popsicles, frozen yogurts, oft serves, cheesecake bites, sorbets, cakes, pies, and much more!A complete shopping list to prepare you for everythingBONUS RECIPES: Learn to make healthy non-dessert recipes like (mashed potatoes, guacamole, etc.)Recipes You DidnÃ¢â ¬â„¢t Know You Could Make With Your Yonanas Machine:- Decadent Dark Chocolate PB Ice Cream- Vegan Oatmeal Raisin Cookie Dough - Fantastic Frozen Raspberry Pie- Oh-My Mango Coconut Pie- Zesty Spicy Mango SorbetNon Dessert Recipes:- Rich Rosemary And Roasted Garlic Butter- Garlicy Sweet Potato Magic- I CanÃ¢â ¬â„¢t Believe ItÃ¢â ¬â„¢s Not Pumpkin Butter- Cool Creamy Guacamole

Book Information

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Customer Reviews

Awesome! Dessert and healthy do not always go together, but this more than bridged that gap. :)

Not a single photo inside the book. Very disappointed in that. no calorie or nutritional values either. Cannot speak to the recipes yet, but pretty disappointing right out of the box.

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